

MAY PARISH UPDATES

A Note from Fr. Alex

Fellow Parishioners & Friends ... Christos Anesti! Christ is Risen! I thank you, from the bottom of my heart, for your prayers, support, online participation and encouragement during Holy Week and Pascha. As we know, nothing could or can stop the Lord's Resurrection and the hope, promise and spiritual strength that come with it. I'm sure you share my awe before the amazing strivings and sacrifices being made by our health care professionals, as well as at the great surge of support, generosity and outreach (including at Saint Philip) evidenced by caring people throughout New Hampshire, our country and world. These things are encouraging, help us know we are not alone; we indeed have one another and Christ has us all in His loving embrace. Please continue to pray for and support those in need—and to keep those lost to this dread virus in your prayers. May their memory be eternal! As you'll see in this abbreviated Come & See, parish enrichment (via Zoom) will continue at Saint Philip in May, along with our most vital worship services, which we are hoping and planning to continue to stream. The life of the Church continues, though in flux and different than what we are used to. Christ, and His love, is what is permanent, unchanging. God be with you all. Our parish will keep in contact with you about new developments. —Fr. Alex

Stewardship: Your Remarkable Generosity

The Stewardship Committee would like to thank all of those who have submitted a commitment card this year, whether early on or more recently, especially in response to Saint Philip's financial challenges. These are certainly unprecedented and challenging times for our Church and for so many of us at home, work and school. Amidst it all, our committee is so grateful, on behalf of our Church family, for the notable increase in giving over the last month. Your generosity, caring and love for our ministries is evident in so many ways, as we all continue doing everything we can, despite the substantial challenges before us.

The 2020 Commitment Card, program theme and online parish website giving pages are available for you here:
stphilipnh.org/stewardship/

Health & Wellness: Stay Calm & Carry On!



Worries about the current state of affairs, especially regarding health concerns, can contribute to anxiety and stress in our everyday lives. These are some tips to help you cope in these times.

1. Don't Inflate the Risk
2. Take Normal, Healthy Precautions
3. Use Your Past Coping Skills
4. Avoid Overconsumption of ...

Remember, outbreaks like this do occur from time to time throughout the world. It's normal. While they can be very scary the actual chances of your becoming infected are very small if you take common-sense precautions. May you all have a healthy summer season. Please contact me if I can answer questions!

—Anita Pavlidis RN, Health/Wellness Ministry

Festival News: Planning for Oct 2 & 3

Our Festival Committee, Parish Council and other parish leaders have worked hard to forge a new date for our festival, striving to place it far enough out to be functional and also to avoid existing dates already announced by our sister parishes. We'll keep you up to date as our plans advance. On a related note, we'll continue to seek advertisers for our Ad Book, which is a vital part of our festival revenue.

Contact Joyce Powell to learn more about the Ad Book:
stphilipfestival@gmail.com; 781 858-8458.

Sunday School & Youth

Our parents have been forwarded some excellent materials to help bring the influence and teaching of the Church into our homes, even though we can't gather for Sunday School Class.

Please contact Co-Directors Tippy Johnston and Bette Gioffre for further guidance and encouragement.

CALENDAR

May 2020 *Tentative Overview*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adult Education/Enrichment Assuming it will still be impossible to gather at Saint Philip in May, both Women's Prayer Group & Bible Study & Orthodox Life will continue via Zoom. Our new Orthodox Life Series, "Eleven Stories," will focus on the eleven Resurrectional Gospel readings and the anxieties, pressures and challenges faced by those witnesses to Christ's Resurrection. See the days/times for each meeting below.					1 Nashua Soup Kitchen Lunches, 11 am - 1 pm	2 Greek School Zoom Classes, 9 & 9:45 am
3 <i>Sunday of the Myrrh-Bearing Women</i> Liturgy, 10 am (Live streaming) "68 Hours" Food Collection All Week	4	5	6	7	8 Nashua Soup Kitchen Lunches, 11 am - 1 pm	9 Greek School Zoom Classes, 9 & 9:45 am
10 <i>Sunday of the Paralytic</i> Liturgy, 10 am (Live streaming) "68 Hours" Food Collection All Week Happy Mother's Day!	11	12	13	14 Orthodox Life: "Eleven Stories" Zoom, 7 pm	15 Nashua Soup Kitchen Lunches, 11 am - 1 pm	16 Greek School Zoom Classes, 9 & 9:45 am
17 <i>Sunday of the Samaritan Woman</i> Liturgy, 10 am (Live streaming) "68 Hours" Food Collection All Week	18	19	20	21 Women's Prayer Group & Bible Study Zoom, 6 pm	22 Nashua Soup Kitchen Lunches, 11 am - 1 pm	23 Greek School Zoom Classes, 9 & 9:45 am
24 <i>Sunday of the Blind Man</i> 10 am (Live streaming) "68 Hours" Food Collection All Week	25	26	27	28 Orthodox Life: "Eleven Stories" Zoom, 7 pm	29 Nashua Soup Kitchen Lunches, 11 am - 1 pm	30 Greek School Zoom Classes, 9 & 9:45 am
31 <i>Sunday of the Fathers of the 1st Council</i> Liturgy, 10 am (Live streaming) "68 Hours" Food Collection All Week	Memorials <i>"Give rest, O Christ, give rest to the souls of your Servants...."</i> Anthony Girginis, April 26 Patricia Girginis, April 26 Leonidas Chetsas, April 26					Emergency Outreach Efforts As the calendar indicates our "68 Hours" and NSK lunch programs will continue until further notice. Please see our Weekly eBlasts for full details and note that "68 Hours" (all week) drop offs are to 5 Butternut Dr. Nashua.